

**The Alaska Multiple Sclerosis Center's
"ZOMBIES ATTACK MS" 2017 FLASH MOB
FUND-"RAISER OF THE UN-DEAD"**

**100% of all proceeds stay in the state to help Alaskans living
with MS**

October 28, 2017 12:00–4:00 pm at 4th and E (Peratrovich Park)

The Cause: What is Multiple Sclerosis (MS)?

Every hour in the United States a person is diagnosed with the life altering disease of Multiple Sclerosis. Though people are most often diagnosed between the ages of 20–40 years of age, it can manifest itself at any age. Symptoms range from fatigue to paralysis, blindness , progressive nerve damage, and can include loss of balance, inability to walk, chronic pain and more.

Today's estimate is that almost 2,000 Alaskans are living with MS.

The Beneficiary: The Alaska MS Center (AMSC)

The Alaska MS Center, a 501C (3), non-profit organization is a place of hope, providing inspiration, educational activities and fitness opportunities such as yoga, balance workshops, swimming, hiking, and skiing, that help people with MS, their families and friends , live a positive and hopeful life. Please explore our website for more information and to see how you can help. (www.alaskamscenter.org)

The Event: Zombies Attack MS Flash Mob 2016

This fun and amazing gathering is fashioned after nationwide "Thriller" flash mob performances held during Halloween. It does not matter if you can dance, it matters that you have fun and that you are raising funds to help Alaskans living with Multiple Sclerosis.

Once you have **registered with your** 100% tax-deductible donations from family and friends (\$10 minimum), you will have 3 dance lesson/ rehearsal sessions from Underground Dance Studio professionals.

Dress up like a Zombie on Saturday Oct. 28th and stroll amongst other ghosts and goblins during the Anchorage Downtown Partnership's *Trick or Treat Street* (<http://www.anchoragedowntown.org/upcoming-events/trick-or-treat-street/>) before gathering to perform a Broadway style **Flash Mob**.

Participants with a \$10 minimum donation receive:
Three dance lessons from “Underground Dance Co.” to learn the choreography

Volunteers: If you would rather volunteer than dance, we need you too!

If you want to volunteer for one of the following positions, please complete the forms as if you are registering, only you will not need to pay a registration fee.

Specify that you want to volunteer as a:

- Zombie Registration Helper
- Zombie Attack Response Team Member (Security)
- Zombie Apocalypse Assistant (Set up & Clean-up)
- Zombie After-Party Coordinator

How do I sign up?

Step 1: Registration — (\$10 donation)

- Download the [Registration Form](#)
- or call 929-2567 to complete registration over the phone.
- Bring completed forms and pledges (\$10 minimum) to the AMSC office (3300 Providence Drive, Tower B, Suite 04) or one of the rehearsal sessions
- Pay with a credit card, cash or check made out to: The AMSC

Step 2: Rehearsals

Where: The Underground Dance Studio. 701 W. 58th Ave. Anchorage
(2nd building on N side of 58th, after you turn on to 58th from Arctic Blvd.)

When: You are welcome to attend 1, 2, or all 3 (please show up your first time at least 20 minutes early to allow for registration processing)

We will begin rehearsals promptly!

- Thursday, Oct. 12, 7:30 pm
- Thursday, Oct. 19, 7:30 pm
- Thursday, Oct. 26, 7:30 pm

What to wear: Please wear comfortable clothing & shoes (no black soles) & bring a water bottle.

Step 3: Show up at Peratrovich Park at 4th & E around 1:30 pm, Oct. 28 in ZOMBIE COSTUME and be a part of the 4th Annual Thriller Flash Mob!

